



## WMHA House League Coaches Policy Guidelines

1. Please be sure to arrive at the arena **at least 30 minutes prior** to all games and practices. You are responsible for the safety of your team.
2. **Be well prepared for practices** ahead of time. Ice is at a premium and now costs in excess of \$130.00 per hour. Explaining drills on a whiteboard in the dressing room saves a lot of time with on ice explanations.
3. Stretching should be done in the dressing room before every practice and game. This also frees up time for on ice practice.
4. You must be ready to take the ice as soon as the zamboni is finished resurfacing and the **zamboni door is completely closed**.
5. At least **one coach** at the pre-novice level **must be on the ice** during all games until further notice.
6. For liability reasons, **all on ice helpers must be carded** with the team and have the proper training certification.
7. A **maximum of 5** officials are to be carded with any team.
8. Please ensure that **all players have and wear** all protective equipment including mouth guard, neck guard and a strapped certified helmet while on the ice or on the bench.
9. There are to be **no father/child or mother/child games** during WMHA's ice time.
10. Please communicate any problems or issues **with your respective Convenor** as they happen. WMHA executive can not help unless they are informed.
11. **Score sheets** are to be supplied by the home team and when filled, it is distributed to the visiting team, then handed in to the timekeeper prior to the start of each game.
12. Report all game scores to your **league Convenor** within 24 hours so they can keep the standings accurate.
13. The last team practicing on Saturday is **responsible for locking up** the practice equipment in the house league locker.
14. All teams **must participate in our own tournament** and may participate in any other tournaments based on the executive approval of the coach's hockey season plan.
15. All tournament requests must be approved by your WMHA Convenor. Then you **must seek a travel permit from NOHA**, including for our own Friendship tournament.
16. Any game that you wish to reschedule must be approved by you respective Convenor and **you must complete a WER Game Rescheduling Form**. The form must be completed and signed by both teams involved 14 days in advance.
17. Name bars are **not permitted** on jerseys at any level.
18. I acknowledge receipt of the **W.M.H.A. Code of Conduct** and pledge to uphold the values set out in it.

As Head Coach of the \_\_\_\_\_,  
(Team Name and Division)

I acknowledge that I, and my coaching and managerial staff, have read and understood the stipulations above. I acknowledge that we will respect the HL coaches policy guidelines.

Name :

Signature :